

Free women's health clinic to visit Clifton and Allora

Darling Downs Hospital and Health Service mobile women's health nurse Kathryn Anning will conduct clinics in Allora and Clifton this month.

The service is free and confidential, and is available to all women.

Services provided include cervical screening more commonly known as pap smears.

"A pap smear every two years can prevent the most common form of cervical cancer in up to 90 per cent of cases and is the best protection against cervical cancer," Mrs Anning (*right*) said.

"All women who have ever had sex should start having pap smears between the ages of 18 and 20 years, or two years after first having sex, whichever is later."

Mrs Anning also provides a range of other services including breast awareness and sexual health testing as well as advice for issues such as continence, menopause, contraception and general wellbeing.

The Allora clinic will be held tomorrow (Thursday 11th September) from 9am to 3pm.

For more information or to book contact Southern Cross Care Allora on 4666 3171.

Kathryn Anning will conduct a clinic in Clifton on Tuesday 30th September from 9am to 3pm.

For more information or to book contact the Clifton Medical Centre on 4697 3097.



cc 10/9/14