

## Right for you

All aged care organisations deliver their services differently and charge different amounts. So, it's important to look around and compare providers before deciding who to get your services from.

There are three main things you should consider when selecting a provider:

### 1 Services

Choose a provider that meets your needs

### 2 Quality

Make sure you receive a good standard of care

### 3 Cost

Know what you will need to pay

## Why choose us?

- ◆ We are a local and not-for-profit organisation that's been caring for our community since 1949
- ◆ We really care about your health and wellbeing
- ◆ We tailor our services to suit your needs and wishes
- ◆ We keep our services affordable
- ◆ We have a dedicated Home Care Coordinator you can speak to directly
- ◆ We hold strong values about compassion, quality of care and honesty
- ◆ We have extensive experience in providing aged care services.



## Caring since 1949

Clifton Community Health Services has been serving the local community for more than 70 years.

We are a community-based, not-for-profit health organisation incorporating the Clifton Co-op Hospital, Clifton Medical Practice, independent living villas and residential aged care.

We care about our community and the people who live in Clifton and the surrounding district.

It matters to us that we provide excellence in health care, choice of services and compassion for those we support.

## Contact us

For more information about a Home Care Package or how we can help you, contact us:

Clifton Community Health Services

Home Care Coordinator

**P** (07) 4697 3735

**E** [homecare@cliftonhospital.org](mailto:homecare@cliftonhospital.org)



**CLIFTON COMMUNITY  
HEALTH SERVICES**

A community owned,  
not for profit organisation

# Home Care *Services*



**Supporting you to  
live well at home**



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## Support at home

As you get older, living independently in your own home can become more difficult. If you're finding it harder to do the things you used to, you can ask for some help at home.

Asking for help doesn't mean losing your independence. In fact, getting a little help with daily activities means you can stay independent in your own home for longer.

Help at home looks different for different people. It may mean getting help with shopping and cooking. Or it could be receiving personal care to bath and dress. It may even mean getting modifications to improve your safety and movement around the house.

Getting some help at home can enable you to continue to live independently in your own home for as long as possible.



## Am I eligible for these services?

Eligibility is based on need. You may be eligible for services if you have:

- ◆ Noticed a change in what you can do or remember
- ◆ Been diagnosed with a medical condition or reduced mobility
- ◆ Experienced a change in carer arrangements
- ◆ Experienced a recent fall or hospital admission

To find out if you are eligible, the first step is to check if you meet the requirements for an assessment. If you meet the requirements, you can apply for an assessment online.

Go to [www.myagedcare.gov.au/am-i-eligible](http://www.myagedcare.gov.au/am-i-eligible) or phone us and we can help you.

A trained assessor will then visit you at home to carry out an assessment. They will talk to you about your circumstances and needs and work with you to identify what services might suit you best.

## We can help

Clifton Community Health Services is an approved Home Care Package provider as part of the Australian Government Aged Care subsidised scheme.

If you are approved for a Home Care Package, you can choose us to provide the support and services you need to live well at home such as:

- ◆ Bathing, hygiene and grooming
- ◆ Help with impairments or continence
- ◆ Meals and food preparation
- ◆ Nursing care
- ◆ Respite
- ◆ Access to podiatry, physiotherapy and other therapies
- ◆ Aids to stay independent
- ◆ Home modifications
- ◆ Cleaning, laundry and other chores
- ◆ Home or garden maintenance
- ◆ Transport
- ◆ Social outings, shopping and appointments

