



## CLIFTON COMMUNITY HEALTH SERVICES

# Newsletter September

### Chairman – Chris Bazley



Goodday Everyone, I hope you have received some rain when you read this newsletter as the weather bureau are predicting something to finally come from some lows that have come across from

the west. We need some rain for our CCHS site as even our big tanks are getting very low, I must acknowledge all of the staff of CCHS for sticking at it when we have had staff away crook and they have taken on extra work hours and responsibilities. Yours efforts are appreciated.

weeks ago. They were very impressed with what CCHS had to offer and we gave them a clear message about financial support if the get into parliament next elections. The best part of the tour was the back plain School doing songs for our residents. It was fantastic! Some start of the future there.

The CCHS Board welcomed a new director Anne Glasheen at our last meeting. Anne will bring strong governance and experience in how we deal with government and a lot of other skills to our board.

Even though it is very dry our gardens and lawns still look great. It is always nice to have bright and tidy surroundings as first impressions are important. I haven't had any questions for a while now, how about a few for the next newsletter.

Not long until our AGM in October. The board of CCHS would love a big crowd to hear what we have planned for the future and ask plenty of questions.

All the best

Andrew, Meriyn, Terry and myself representing the board of CCHS took Pat Weir and Shadow State Health Minister Ros Bates for a tour of our facilities a couple of

Regards,  
Chris Bazley

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### Complaints/Compliments and Feedback via the resident representative-Anne K



Hi all,

The residents all enjoyed the seniors event and I think it has been the best entertainment so far this year. We are very lucky the Toowoomba City Council does this for its seniors every year. The food is good as always and staff are helpful and

kind. No residents have raised any concern with me this month. Please come and chat with me anytime.

## General Manager-Brad Jones



During the month I attended one day of the Brisbane Hearings of The Royal Commission into Aged Care Quality and Safety and also the Royal Commission Community forum. It was very worthwhile to hear first-hand from community

members on their experiences with the aged care system in Australia.

I was also invited by Grant Thornton and LASA to participate in a CEO's workshop to develop some suggestions into the future of Aged Care. This workshops are being collated into a report that will be submitted to the Royal Commission.

Work continues on the Aged Care Quality Standards that replaced the old Standards and the team are currently working on our own self-assessment document.

- Thank you to those residents and representatives who have returned a signed copy of the Charter of Aged Care Rights and the CCHS Charter of Resident and Representative Responsibilities.
- Please make the time to review them and it would assist greatly if you could sign them and return when convenient.

This month we farewell long standing staff member, Clinical Care Coordinator, RN Joan Thornton. We thank Joan for her dedication to our community organisation and to the many patients, residents, families and staff that she has provided care and support for over her years with us. We wish Joan well for the next chapter in her life.

Upcoming in training, we are continuing with our mandatory training sessions via our online training portal and have onsite sessions schedule on CPR, First Aid, and Hand Hygiene, Responding to Fire and other emergencies and live fire extinguisher training.

A great senior's week event as we hosted the Toowoomba Regional Council's Clifton Seniors Week event in the Diversional Therapy Building, tremendous feedback from participants.

During the month we hosted Member for Condamine Pat Weir and Shadow Minister for Health, Ambulance Services and Woman. They were both very impressed with our community

organisation and particularly enjoyed the presentation from the visiting Back Plains School Children.

We extend a big welcome to new Director Anne Glasheen.

You will all have read or heard the news about the severity of the Flu Season. It is not too late to be vaccinated with the Flu vaccination, if you have not already done so please contact the Clifton Medical Practice or your preferred health care provider and book in. Also if you have been unwell with any flu like or gastro symptoms, please delay your visits until at least 48 hours after your symptoms have ceased.

Quotes have been accepted for the Carpet, Paint, Concrete and Dementia Friendly outdoor space for Nirvana Hostel. Colours have not yet been finalised so you still can have your say. Available outside my office in Nirvana is a Display with Colour samples for the possible new carpets and Vinyl.

Did you know that as a Registered Charity and Deductible Gift Recipient any donation you make to Clifton Co-Op Hospital Ltd over \$2 is tax deductible? Consider making a donation today. This month we received a \$15,000 donation from Clifton MOW towards our bus transport project and a long term supporter, who wishes to remain anonymous donated \$5000 towards the purchase of equipment to assist with the manual handling of residents and patients with mobility concerns.

The recruitment process for our new Medical Practice Manager is concluded and I look forward to announcing the successful candidate shortly.

I have been approached by the Toowoomba Triathlon Club who wish to make us the charity beneficiary of their upcoming Clifton Country Classic Triathlon on Sunday 13th October 2019.

Please "Like" our Clifton Community Health Services Facebook Page, we have gone past 610 likes for the page Remember, a community working together with a common purpose can achieve anything.

"Together we will continue to make a difference"

Regards Brad



School



Visit





Lifestyle & Volunteer  
Coordinator—Jade Gilchrist

Hi everyone,

We are fast tracking to spring all ready and today as I write this we have had our first day of rain in a long time. We had the seniors week event sponsored by the Toowoomba City council with catering by the CWA and great entertainment. September his already going to be a huge month for me and you may not see me about as much due to personal and work related commitments. I will be attending a Women Rider World Relay and leaving on Tuesday to ride with about 100 other women to deliver a baton to NSW to hand over to the

## Lifestyle Coordinator— Jade Gilchrist

next group. We have had over 680 women sign up making Australia one of the most women riders in the world. This had started from Scotland in February and now it is our turn in September.

On a sad note we will be saying farewell to our DT Helen as she will be leaving us due to family commitments. I would like to thank Helen for her wonderful contribution over the last 6 months. Please be sure to say good bye before her last day on the 13th of September.

Kind regards, Jade

Thinking about becoming a  
volunteer?  
Give Jade a call 0400 404 490

## September Birthdays

Brian 4th

Maud 6th

Marie 6th

Sylvia 10th



## Lifestyle Award WINNER



The winner of the Lifestyle Award for August! **Ainslie** under the category of Excellence in Dependability

Congratulations Ainsley

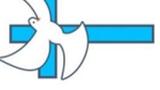
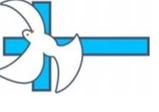
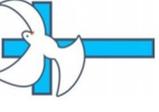
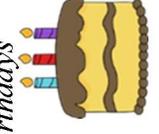
10:00am

MORNING TEA  
ACTIVITIES START  
AROUND 10:30AM

# September 2019

CLIFTON  
COMMUNITY  
HEALTH  
SERVICES



Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>2 9:40am Tai Chi Fathers Day BBQ</p> 	<p>3 Cards &amp; Games</p> 	<p>4 Lynelle Plays</p> 	<p>5 Word Games</p> 	<p>6 Weekend Trolley</p> 	<p>7</p> 	<p>1 10:30am Presbyterian Service</p> 
<p>9 9:00am Church 9:40am Tai Chi</p> 	<p>10 Cards &amp; Games</p> 	<p>11 Eleanor's Morning</p> 	<p>12 Holz Plays</p> 	<p>13 Weekend Trolley</p> 	<p>14 Three Angels Gospel</p> 	<p>8</p> 
<p>16 Sports 9:40am Tai Chi</p> 	<p>17 Cards &amp; Games</p> 	<p>18 Armchair Travel</p> 	<p>19 Grace Plays</p> 	<p>20 Weekend Trolley</p> 	<p>21</p> 	<p>15</p> 
<p>23 10:30am Church 9:40am Tai Chi</p> 	<p>24 Hoy Celebration of Memories Service</p> 	<p>25 Birthdays</p> 	<p>26 Ken Plays</p> 	<p>27 Residents Meeting</p>  <p>Happy Hour</p>	<p>28</p> 	<p>22</p> 
<p>30 Sports</p> 						<p>29</p> 
					<p>RESIDENTS BIRTHDAYS Brian 4th Maud 6th</p>	<p>Marie 6th Sylvia 10th</p> 

PROGRAM IS SUBJECT TO CHANGES

# Seniors Event 2019





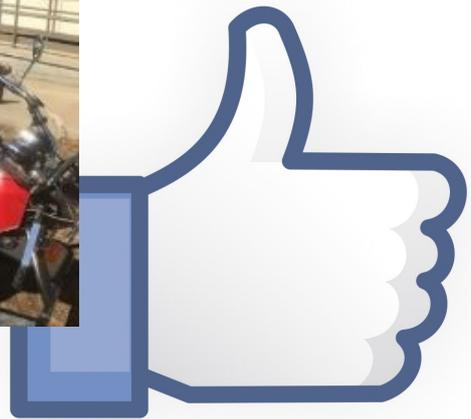
### Clifton Community Health Services

Published by Brad Clifton [?] · August 15 at 6:16 AM · 🌐

Thank you to Pat Weir, Member for Condamine and Ros Bates, Member for Mudgeeraba and Shadow Minister for Health, Ambulance Services and Women for visiting Clifton Community Health Services this week.



Clifton Community Health Services  
@CliftonCHS



### Clifton Community Health Services

Published by Brad Clifton [?] · August 13 at 1:21 PM · 🌐



Ros Bates MP is in Clifton, Queensland.  
August 13 at 12:04 PM · 🌐

👍 Like Page

Meeting with the Clifton Ambulance team and local Ambulance Committee as Shadow Minister for Ambulance Services to discuss work of Ambulance service in the community with Pat Weir MP



### Clifton Community Health Services

Published by Brad Clifton [?] · August 14 at 11:33 AM · 🌐

Congratulations to Joan, celebrating 15 years service with Clifton Community Health Services in this period of employment.

