



CLIFTON COMMUNITY HEALTH SERVICES

Newsletter

November 2018

Chairman – Chris Bazley



Goodday Readers,
The financial year has been great for our business but it is what our teams offer that excites me the most. When I talk about the teams I

acknowledge every member of that unit from the ground up - you can't have great meals without someone to stack the dishwasher or first class medical treatment if no-one can answer the phone.

Even as Government funding reduces the Board, management and staff of CCHS understand that providing quality services to our residents and patients is number one! No short cuts or poor treatment of residents as shown on television.

A big thank you to the management and staff of CCHS for the skills and passion they show in their work. Compliments continually come to the Board about the excellent care provided by staff to residents of our facilities, those who've been in hospital or visited our medical practice.

Sunflower Lodge open day was successful and the demand for this service continues to grow and it will be wonderful to provide state of the art care to those in need of this type of facility. We are also working on funding for a bus which would further enhance our Lifestyle outing options.

Pleased to have the great rain which has lifted everyone's spirits.

Regards
Chris Bazley

Inside this issue:

Chairman Report	1
Residents' Round-Up	1
General Manager	2
Finance Manager	3
Director of Nursing	3
Medical Practice	4
Lifestyle Coordinator	5
Sunflower opening	6
Photo Gallery	7
Outing	8
Activities Calendar	9
Upcoming Events	10

Residents' Round-Up

Anne was born in Cairns and spent many years moving from place to place due to her fathers occupation as a banker. Anne went to teachers college after high school and taught in Queensland Education for 12 months before moving to the Northern Territory to teach. Anne taught mainly primary school but did do relief work in both special education and high school. Married with 2 children, Robyn and David, they moved near Warwick and Anne was the teacher at Back Plains State School for 15

years before retiring in 2016. Anne enjoys volunteering in the Lifestyle team and helps out looking after the chooks. Anne keeps herself busy playing on her iPad, reading, crosswords, swimming, walking and listening to 60 and 70s music. Anne also enjoys relaxing with a cold beer in the evening.

Anne Kersley



General Manager— Brad Jones



Hello everyone, well, we made it, Sunflower Lodge is open and accepting residents. For those new to what we do, Sunflower Lodge is our 12 bed, Dementia specific, new wing extension of Clifton Nursing Home. We are purposely starting slowly with filling the beds as we develop the systems and processes to provide outstanding levels of service and at the time of writing have two residents who have moved into their world class surroundings.

Thank you to everyone who attended the open day and when organised we will advise the date and time of the Official Opening where we can recognise the contributions from the many people, Govt, businesses and individuals who have supported the project.

Thank you to the Clifton Courier and to Channel 7 Toowoomba for their coverage of the completion of Sunflower Lodge.

Currently we have three major Grant Applications submitted and we are hopeful, that success with any one of them will allow us to commence refurbishment work on some of the more mature parts of the Nursing Home.

Congratulations to the Hospital on another successful reaccreditation and receipt of the Formal Accreditation Certificate and congratulations

to the Medical Practice who have successfully completed the Accreditation to allow us to accept Medical Interns in 2019

A very well attended AGM in October with the Directors reporting on our successful year both financially and with regards to projects and high standards of services delivery. All Directors who stood for re-election under our constitution were returned and we heard from guest Speaker Marilyn Strohfeldt the Chief Executive Officer of the Darling Downs and West Moreton Primary Health Network on some exciting health initiatives for the region.

Demand for all of the services provided by your community owned and run, not for profit, Health Services Cooperative continues to grow and we are already looking forward with our Strategic Planning to chart how we will meet this increasing demand into the future whilst remaining the strong, person centred, caring, viable organisation that we are today.

Thank you to everyone who continues to support the S&N Collection outlet centre.

Remember that as a community we must use it or lose it and we do not want to lose this valuable service for our town.

Thank you to all our Directors, community volunteers and supporters and to our tremendous staff team, on behalf of the residents and patients, thank you for all that you do.

Please "Like" our Clifton Community Health Services Facebook Page, we have gone past 500 likes for the page

Remember, "Together we will continue to make a difference"

Regards Brad



Finance Manager-Louise Shaw

Hello everyone,

It's been a busy few months in finance having our financial systems, procedures and figures audited. The auditors were more than happy with what they saw and issued us with an unqualified audit report for the 2017/2018 financial year.

After a positive Annual General Meeting we are now working on lodging our audited financials with relevant Government bodies.

This includes an Aged Care Financial Report with the Department of Health, an Information

Statement with the Australian Charities and Not-for-Profit Commission and lodging a copy of the financial statements and audit report with the Office of Fair Trading.



That's another financial year all wrapped up!

Regards,
Louise

Director of Nursing – Heather Miller



Well, through September and October, things continue to move at a frenetic pace. Sunflower Lodge is open and I thank all member of the team

who are contributing to the development and refinement of our staffing, policies, procedures and work instructions to ensure that residents receive the highest levels of care within this new wing of the Nursing Home. I have been touched by the community's response and the positive comments that we have received and continue to receive on the completion of this very significant achievement.

Thank you to the Hospital Team on the successful completion and receipt of our new period of reaccreditation, a great effort by all.

Over the last months we have continued to refine some new Clinical Pathways for Registered Staff, conducted a review of our patient admission criteria, commenced a review of our credentialing process for new and continuing medical professionals and refined further the newly adopted procedures and policies for Vaccine Preventable diseases.

Training remains a focus with additional sessions held in a variety of areas including First Aid, CPR and Fire & Emergency Systems and Procedures.

Thank you to everyone who attended the AGM.

Some great activities both onsite and offsite over the last few months and I thank Jade and all our volunteers for all the work that goes into planning and delivering our Lifestyle program for the residents.

Speaking of Volunteers, October's meeting of the Clifton Hospital Auxiliary had more attendees than I have seen in years, with extra chairs being sourced from Nirvana Hostel and the meeting room full to overflowing, thank you to the Auxiliary for their fundraising efforts and all the support they provide.

A big thank you to our dedicated staff team who continue to provide outstanding levels of care and service to our older community members. Also a big thank you to our community who continues to support us in so many ways.

Regards
Heather

CLIFTON COMMUNITY HEALTH SERVICES MEDICAL CENTRE



This is a photo of 4th Year Medical Student Kate Raine on her last day as a Medical Student! and some of the team at the Practice.

Kate joined us a couple of years ago for a research project and asked to come back and spend a placement with us at the end of her degree.

We are pleased to also mention that she will be joining us again next year as an Intern, this forms part of a new program to place Interns in GP practices for a 10 week rotation.





Lifestyle & Volunteer
Coordinator—Jade Gilchrist

Hi everyone,

I can't believe I am already planning for the Christmas parties. But don't forget the Melbourne Cup day just to keep me busy. We have seen a few new faces joining into the activities and as always the volunteers make this happen by helping out and assisting residents to and from the DT building. October was particularly busy as we had the baby animals visit, an outing to Harrow house and the Lone eagle flying school. The Sunflower lodge has opened and has some wonderful resources and lovely places for residents to enjoy. My personal favourite

Lifestyle Coordinator— Jade Gilchrist

would be the shed as I could imagine doing some projects in there. The rains have come just in time to bring the grass and gardens to life. I am really excited to have Casey our Diversional Therapist coming back to start work in Sunflower Lodge in December just in time for Christmas rush! To run at our best we need at least four volunteers per day, we are currently looking to expand our team especially on a Thursday so if you have been thinking about volunteering please let me know.

Regards, Jade.

Thinking about becoming a
volunteer?
Give Jade a call 0400 404 490

November Birthdays

Joy 1st

Leslie 1st

Nora 7th

Archie 22nd

Welcome New Residents

Anne to the Nursing Home



Rest in Peace

Russell
Irene

Lifestyle Award WINNER



The winner of the Lifestyle Award for
September was Kate under the
category of Excellence in
Dependability.

Congratulations Kate!

Photo Gallery



Lots of fun at the Sunflower
Lodge Open Day.
Big Thank You to the team
that made this possible



Photo Gallery



Trip to Harrow House





Lone Eagle flying school Outing



Tommy takes flight!



Shirley went for a fly over Clifton



10am MORNING TEA

ACTIVITIES START AROUND 10:30AM

NOVEMBER 2018

PROGRAM IS SUBJECT TO
CHANGES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 4 10:30AM PRESBYTERIAN SERVICE 	 5 MOVIE 	 6 12pm Lunch	 9:30am visit Thursday 	 1 BOW AND CURTSY JOY & LES 8 HOLZ'S PLAY 	 2 WEEKEND TROLLEY 9 WEEKEND TROLLEY Remembrance Service 	 3 10 
11 Remembrance day 	12 9:00 CATHOLIC SERVICE 9:40 TAI-CHI SPORTS 	13 CARDS & GAMES 	14 9:40AM EXERCISE ELEANOR'S MORNING  NORA	15 GRACE PIANO 	 16 WEEKEND TROLLEY 23 WEEKEND TROLLEY DARLING DOWNS MEN 	17 
18 	19 9:40 TAI-CHI SPORTS 	20 CARDS & GAMES 	21 9:40AM EXERCISE ELEANOR'S MORNING  ARCHIE	22 KEN GILLAM 	24 	RESIDENTS NAMES APPEAR IN RED ON THEIR BIRTHDAY
25 10:30AM HYMNS WITH KATH 	26 9:40 TAI-CHI 10:30 ANGLICAN SERVICE 	27 CARDS & GAMES 	28 9:40AM EXERCISE BIRTHDAYS 	29 BAGPIPES 	30 RESIDENTS MEETING  HAPPY HOUR 2-4PM	

Melbourne Cup

Tuesday 6th November



11.30am at the DT Building

Lucky door prize

Best outfit prize

Drinks with lunch

Watch the race on the big TV

Sweeps & more!

The program has a specific focus on history and memory, and aims to revive social memories of dances in old country halls.

Program elements include:

- 1.5 hour duration
- 18 songs
- old time costumes and theme
- range of instruments including banjo, fiddle, guitar, bass, harmonica, and tambourine
- original songs of shared histories for memory association
- familiar songs to sing along
- Yellow Bird, our much loved puppet
- soft toy mascots
- local archival news readings from the National Library of Australia
- percussion instruments to share
- 'second fiddle' for participants to try

Bow & Curtsy *Social Dance Program for Aged Care*



DR KYM WATLING & MR GEOFFREY BATES

WATLING & BATES



Thursday November 1st

