



CLIFTON COMMUNITY HEALTH SERVICES

Newsletter

March 2019

Chairman – Chris Bazley



Goodday everyone,
Hoping to see the cyclone push some wet weather our way for the farmers and the gardens but looks like most of it went over us. As mentioned in the previous newsletter I invite people to send

and 5 shares. I am not up on the face book stuff but it is a great way to promote our service and show our community the wonderful work we do here.

We are still looking for any grants which may give us the opportunity to purchase a bus for residents but if you have any good ideas on how to raise around \$150k please let us know. Towards the end of 2018 we did a skill set review of our current board members to see where we need skills we are short on when we look for board directors to fill 2 vacancies we currently have. Legal, Industry Knowledge and Marketing and Promotions were the main areas we need added to our team. If you know of anyone who may fit the bill, please let me know.

Look forward to catching up with everyone and pleased to say my knee is much better now and looks like I am back on track.

Regards
Chris Bazley

some questions my way. I also pop in and have a wander around to catch up with staff and residents on a regular basis so don't hesitate to have a chat with me.

I came into the complex on Friday last week to see Jade Gilchrist and we did a short video interview which has been posted to the Clifton Community Health Services face book page. I hope we can drum up some interest and invite people to post their questions either on the comments section under the video or send a message to the face book page directly and it can be passed onto me. Jade has told me we have had 332 views

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Complaints/Compliments and Feedback via the resident representative-Anne K



No residents have approached me with any concerns at this stage. Food is plentiful and enjoyed by most residents. The new pool table is fantastic and quite a few residents are anxious to play. Staff are very helpful whenever they are needed. The facility is very clean thanks to ESP. Residents are always welcome to find me in Room 9 in the Gold wing for a chat or to raise concerns. I will also pick a day to visit residents as well in the near future.

Manager—Brad Jones



March is upon us and the demand for our services continues to be strong. Our reputation for Quality

and Caring is reaching far and wide with referrals coming in from Clifton Locals and from across South East Qld.

It was great to catch up with so many people at the Clifton Show, Our stand looked fantastic and the residents of Sunflower Lodge had great success with their pavilion entries.

The Royal Commission into Aged Care Quality and Safety has commenced and we have lodged our submission to assist with the process, we remain hopeful that this once in a lifetime chance to improve the overall system will be taken by all the relevant decision makers.

We have been successful with a small FRRR training grant which will provide \$5000 of additional dementia training for our community and we hope to utilise it to run as many people as possible through a program call the virtual dementia tour.

We continue to await the results of our 2018 Aged Care Approval Round

Submission which are expected in approx. April 2019, if successful this application will provide us with capital funding to undertake major refurbishments on some of the older parts of our existing buildings.

Look out for our article in the Chronicle Health Services Guide 2019 lift out

Please “Like” our Clifton Community Health Services Facebook Page, we have gone past 565 likes for the page

Remember, a community working together with a common purpose can achieve anything.

“Together we will continue to make a difference”

Regards Brad



Find us on:
facebook®

CLIFTON COMMUNITY HEALTH SERVICES MEDICAL CENTRE

Introducing Dr Alan Veh (the one in the glasses)

Dr Marc Heggart

Alan is with us until 14th April and an Intern from the Toowoomba Hospital. Marc is with us till the end of May and a GP Registrar.

Interestingly Marc is starting his Doctor career as an Army Doctor! Defence doctors are all required to spend time in a Private GP to gain experience dealing with conditions they wouldn't normally be exposed to the Army.



Couple of reminders:

- We would like to remind all our patients to bring along their Medicare and Concessions cards to your appointments and also remember to update any changes of phone numbers and addresses.
- Remember to cancel your appointment if you cannot not make it, this helps us all when short on appointment availability.
- Once you have finished with the Doctor, please see the reception girls with any of your referrals or requests from the Doctor.





Lifestyle & Volunteer
Coordinator—Jade Gilchrist

Hi everyone,

Back to work again after week away in Bali. There was a hic up when I had found the wrong passport with me at the airport and had to say good bye to Lian and Eddy while I went back home to find the

current passport. *(mental note—do not store your old passport with your new passport).*

Bali was hot and very humid with lots of scooters zipping through the traffic. We went snorkelling and became aquanauts using a helmet weighing 35kg with air pumped through it so you could walk on the sea floor without getting your head wet and feed the

Lifestyle Coordinator— Jade Gilchrist

fish. The current was very strong which made things rather interesting.

This month we also welcome a leisure & health student Marianne who will be joining us each Monday to do her placement through TAFE. Congratulations for our Lifestyle team member Helen from Sunflower Lodge picking up first prize for the fruit cake she made with the residents at the Clifton Show.

Regards, Jade.

Thinking about becoming a
volunteer?
Give Jade a call 0400 404 490

March Birthdays

Shirley March 9th
Eric March 26th



Welcome New Residents

Alexandrina, Kevin, Anne,
Beverly and Elva



Rest in Peace
Marnie
Bert

Lifestyle Award WINNER



**The winner of the Lifestyle Award for
February Trish, under the category of
Excellence in Team Work**

Congratulations Trish



Insects set in resin for the residents to learn about and look at, or perhaps conquer a few fears as well.



Some residents were starting to “fiddle “around



Bow and Curtesy working their magic and getting everyone on board for a great show.

10:00am

MORNING TEA

ACTIVITIES START
AROUND 10:30AM

March 2019



Mon	Tue	Wed	Thu	Fri	Sat	Sun
RESIDENTS BIRTHDAYS Shirley 9th Eric 26th	5 Cards & Games Pancake day	6 9.30am Exercise Lynelle 	7 Word Games 	1 Weekend Trolley 	2 	3 10.30am Presbyterian Service
4 Tai Chi / Movie 	12 Cards & Games 	13 9.30am Exercise Eleanor's Trivia 	14 Holz's 	8 Weekend Trolley 	9 	10 10.30am Hymns with Kath
11 9.00am Catholic Church Service 9.40am Tai Chi 	19 Cards & Games 	20 9.30am Exercise Armchair Travel 	21 Grace 	15 Weekend Trolley 	16 	17
18 Tai Chi / Sports 	26 Cards & Games 	27 Birthdays 	28 Ken 	22 Weekend Trolley 	23 	24
25 9.40 Tai Chi 10.30am Anglican Church Services 				29 Resident Meeting 	30 	31

PROGRAM IS SUBJECT TO CHANGES

Clifton Community Health Services are having a cent sale on 13th of April 2019 at 11am in the Diversional Therapy room via Kate St



Bring the whole family and try your luck and win some great prizes. We will have a **BBQ** selling sausage on bread and soft drinks.

Donations are accepted and greatly appreciated. Please drop off at the complex.

Any queries please phone 46973735

Victoria Hill Public Hall

Welcomes you to join us to celebrate back to Victoria Hill Day

Saturday 9th March 2019

Commences 10am

**Victoria Hill Hall,
Dalrymple Creek Road**

Stalls, Fashion Parade and Multi draw

**Morning tea, sausage sizzle, sandwiches & drinks will be
available for purchase**



**Please help us raise money in our cent sale by donating
your unwanted new or near new items.**

Drop them into the complex



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Published by Brad Clifton [?] · February 16 at 10:51 AM · 🌐

Come and visit me this morning at our display in the pavilion at the Clifton Show.



Clifton Community Health Services
@CliftonCHS



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Published by Brad Clifton [?] · February 16 at 10:24 AM · 🌐

Congratulations, first prize



Like



