



**CLIFTON COMMUNITY  
HEALTH SERVICES**

# Newsletter

## July 2019

### Chairman – Chris Bazley



Goodday Readers,

Haven't we had some crook weather lately. Today is blowing like a gale from the South Pole. No wonder so many people are reporting in sick. Look after

yourselves and make sure you use our great medical facilities when you need them.

says I should show how confident I am by going and getting my licence to drive the bus.

Brad is having a well earned break for a few weeks– the board is very supportive of staff taking a break to recharge those batteries.

The board wishes our medical practice manager, Tammy all the best as she advances her career.

We will have the following people leading the recruitment for this position. Jo representing the medical practice, Brad for the management and Rob (Imhoff) as chair of the medical committee. If you have any feedback on this position please contact any of the people whom the board believes gives a good representation from the areas close to this position.

Regards,  
Chris Bazley

A few days to end of the financial year hopefully on the right side of the ledger! Refurbishments to start soon will brighten up parts of Nirvana. Thank you to all who have made donations lately, either financially or gifts of your time, they are much appreciated.

The board have started interviews for two new applicants they will certainly bring a number of new skills which is great to see.

I haven't given up on a bus for our residents with an application going into Qantas for a regional community grant. Louise (my wife)

### Complaints/Compliments and Feedback via the resident representative-Anne K

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Hi all, The feeling among my neighbours has been positive and the food has been hot and tasty for these cooler days.

Jade has her new Relaxation room ready which I will trial and give feed back for the next newsletter. Mean while I encourage other residents to take some time out and

trial it. Some residents I hear are looking forward to the weather warming up so they can take advantage of the trike ride and take a cruise around Clifton. Please come and see me if you have any concerns and have an enjoyable July.

## General Manager-Brad Jones



As we move into the second half of the year, July 1st 2019 sees the introduction of the new Aged Care Quality Standards that replace the current Standards.

Also the introduction of the new Charter of Aged Care Rights that replace the current Charter of Residents Rights and Responsibilities.

In addition to my articles in previous newsletters I have also written directly to each resident (or their nominated representative) in relation to the Charter of Aged Care Rights and the CCHS Charter of Resident and Representative Responsibilities.

Some tremendous training over the last month with over 50 staff, community, directors and other volunteers experiencing the Virtual Dementia Tour. In addition 11 team members attended a world class Dementia Symposium in Brisbane and 5 RN's attended a great session held in Toowoomba.

Partnered with all this training was also another onsite session attended by 13 of the team on Diversity and Dementia. This is all in addition to the Mandatory Training session that we held onsite which supplements our extension online training package.

The Royal Commission into Aged Care Quality and Safety continues and has commenced Regional Hearings around Australia, most recently sitting in Broome and working their way around the country. We continue to look forward to the outcomes and hope that the Government will sufficiently fund small providers such as ourselves to continue to deliver outstanding levels of service.

It is shaping up to be a very bad Flu season and whilst take up of the vaccination has been strong so far, it is not too late to contact the Clifton Medical Practice and book in.

Have your say. Outside my office in Nirvana is a Display with Colour samples for the possible new carpets and Vinyl which we will be able to install under the terms of our successful Aged Care Approval Round Capital Grant. Make sure to have a look and write your preference.

Did you know that as a Registered Charity and Deductible Gift Recipient any donation you make to Clifton Co-Op Hospital Ltd over \$2 is tax deductible. Consider making a donation today.

I take this opportunity to announce that our Medical Practice Manager, Tammy Dickeson, has tendered her resignation to pursue an opportunity in Toowoomba. We support Tammy in her career advancement, however acknowledge that her leaving creates a big hole in our community organisation. Tammy is leaving us on good terms and her last day will be Friday 12th July 2019.

Please join me in thanking Tammy for her dedication to the Clifton Medical Practice and Clifton Community Health Services as a whole. Over the last six years we have seen the Practice grow, both in physical location, quality and quantity of team members and increasing service levels for our patients and residents. Thank you Tammy, we wish you well for the new opportunity.

I look forward to us all supporting Tammy's successor in their new role.

Please "Like" our Clifton Community Health Services Facebook Page, we have gone past 600 likes for the page

Remember, a community working together with a common purpose can achieve anything.

"Together we will continue to make a difference"

Regards Brad

# CLIFTON COMMUNITY HEALTH SERVICES MEDICAL CENTRE



Farwell Tammy



“I have been here 6 years and loved every minute of my job! I am moving on to a new opportunity, but will be very sad in leaving my community”

Thank you Tammy for your dedication to the Clifton Medical Practice and Clifton Community Health Services as a whole.

We wish you well for the new opportunity.

## Welcome our new interns,

Dr Kate Raine – she is here in Clifton for 10 weeks and the residents and families will see her often on rounds. Kate was a medical student with us last year so she is a familiar face to us.

Michael Holland is our new 4<sup>th</sup> Year Medical Student from Griffith University and he will be with us for 7 weeks.



## Trevor Stewart- Entertainer

Yarn Teller  
Singer Songwriter  
Performer  
Bush Poetry

DT Building  
Thursday  
4th of July

Starting at  
10:30am



### Taking a cruise around Clifton



Looks who's been on a trike tour!!



Lifestyle & Volunteer  
Coordinator—Jade Gilchrist

Hi everyone,  
Thank you to those who have donated records for our Sunflower Lodge they will be put to use and enjoyed by all. I have purchased two jackets and gloves with the help of a donation for the trike tours and we encourage you to make a booking. It is free for residents and can be booked more than once. I plan the tours to look at the local gardens in spring and then the Christmas lights in December. You can also invite the community to book in for a donation, children must be over eight to ride.

### Lifestyle Coordinator— Jade Gilchrist

The relaxation room has been set up and ready for anyone looking for some time out. It has an electric recliner and a ceiling projector with a colourful wave effect and sounds of nature or music.

Let me know if you would like to give it a try. It is a black marquee, in the DT building.

I will be off to Tasmania for a weeks holiday leaving on the 8th so I will be sure to share my adventures when I get back.

Regards, Jade.

Thinking about becoming a  
volunteer?  
Give Jade a call 0400 404 490

### July Birthdays

Joyce B 5th

Doreen 9th

Graham 15th

Stanley 15th



### Welcome New Residents

Sylvia to the Nursing Home



*Rest in Peace*

*Elaine*

### Lifestyle Award WINNER



The winner of the Lifestyle Award for June! **Linley** under the category of Excellence in Care

**Congratulations Linley**

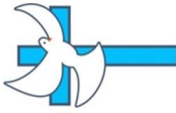

10:00am

**MORNING TEA**  
**ACTIVITIES START**  
**AROUND 10:30AM**

# July 2019

**CLIFTON**  
**COMMUNITY**  
**HEALTH**  
**SERVICES**



Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Movie 	2 Cards & Games 	3 Lynelle Plays 	4 Trevor Stewart 	5 Weekend Trolley 	6 <b>HEY HA</b> <i>it's Saturday</i> 	7 10:30am Presbyterian Service 
8 9:00am Catholic Church Service 	9 Cards & Games 	10 Eleonore's morning 	11 Holz's Play 	12 Bingo 	13 Three Angels Gospel 	
15 Sports 	16 Cards & Games 	17 Armchair Travel 	18 Grace Plays 	19 Weekend Trolley 	20 <b>HEY HA</b> <i>it's Saturday</i> 	21 
22 10:30am Anglican Church Services 	23 Hoy 	24 Eleonore's morning 	25 Ken Plays 	26 Residents Meeting  Happy Hour	27 <b>HEY HA</b> <i>it's Saturday</i> 	28 
29 Sports 	30 Cards & Games 	31 Birthdays 				<b>BIRTHDAYS</b> Joyce B 5th Graham 15th Stanley 15th Doreen 9th

PROGRAM IS SUBJECT TO CHANGES

# After Lunch Trike Ride

## Monday & Wednesday



**Birthday Rides**  
**Sunflower Tours**  
**Local Rides**

**Book your trip with Jade**

**Residents must be accompanied by a staff member or family member**

*Must have capacity to sign a waiver prior to ride!*

Also open to the community for a donation



### Clifton Community Health Services

Published by Brad Clifton [?] · June 18 at 10:53 AM · 🌐

Did you see our Medical Practice Team in the Clifton Courier last week? Crazy sock day.



## Clifton Community Health Services

@CliftonCHS



### Clifton Community Health Services

Published by Brad Clifton [?] · June 16 at 6:07 AM · 🌐

Three becomes four, as we plan ahead to continually maximise our onsite water storage. The desperately needed rain will surely come one day and fill these up.



### Clifton Community Health Services

Published by Brad Clifton [?] · June 21 at 8:00 AM · 🌐

Another big thank you to the Clifton Community Op Shop who continue to support our community based organisation. This time contributing half the cost of a new stand up lifter to assist the patients of Clifton Co-Op Hospital.



### Clifton Community Health Services

Published by Brad Clifton [?] · June 21 at 5:38 PM · 🌐

We have received the ACAR capital Grant Contract from the Federal Government that will contribute to the refurbishment of Nirvana Hostel. For the Next few weeks, on display outside Brads office will be the entry carpet, common area carpet and vinyl samples.

Please take the time to review and write your preference on the sheets provided.... See More

