



**CLIFTON COMMUNITY
HEALTH SERVICES**

Newsletter

January 2021



**Chairman
Andrew Douglas**

Hello everyone, I will introduce myself more fully in a future issue. For now I would like to say Happy New Year and welcome to 2021.

would like to extend my personal thanks, and the appreciation of the entire board, to the dedicated CCHS team who have so professionally handled the situation. Further, I would extend our heartfelt thanks to our residents, patients, families and representatives who have been so supportive and understanding.

I am excited to have been elected to the role of Chairman of CCHS after three years as Deputy Chairman.

My thanks to former Chairman Chris and to our entire Volunteer Board of Directors for the vital role they play in the operation of our Community Based Health Services Cooperative.

2021 is shaping up as another challenging year. Please continue to work with us in partnership as the Covid-19 pandemic landscape continues to change and as we continually strive to improve the Health services available to our community and District.

The end of 2020 and start of 2021 did not go quite to plan with the gastro outbreak requiring a lockdown under the direction of the Darling Downs Public Health Unit. I

Some of you may have noticed some activity at the back of the Diversional Therapy Building, this is part of our ongoing response to the pandemic and we look forward to announcing further details and hosting a formal opening in mid February.

Inside this issue:

Chairman Report	1
General Manager	2
Lifestyle Department	3
Lifestyle Calendar	4
Facebook Page	5
Event Notice	6

Please mark Saturday 13th March 2021 in your diaries, on this day we are holding a major fundraiser "Feast in the Fields". Tickets will go on sale in mid January.

Keep healthy and safe and I look forward to continuing to work with you all on behalf of our community.

General Manager-Brad Jones



Well, Happy New Year. Not the sort of ending or beginning we wanted from 2020 and 2021 with the Gastro Lockdown. Thank you to the entire team for all the great work in containing and resolving the situation.

At the time of writing we are well past the required 72 hours without gastro symptoms, have completed the full deep clean and decontamination and have all areas of the site open once more. Everything we do is a team effort and another big Thank You to Residents, Patients, Families and representatives, you are all part of the CCHS team and without your support we could not do what we do.

Covid-19 entry requirements and protocols remain in place and I would ask everyone to pay particular attention to the interstate Hotspot declarations and what that means for potential visits to Hospitals and Aged Care in Qld along with increased vigilance of your own health. Please isolate and get tested if you have any symptoms as we now have the reports of Covid-19 traces in wastewater testing in Warwick and Stanthorpe.

On the more positive side the CCHS team won the 2020 Clifton Christmas Lights Display in the Business Category, Thank you to the Clifton Progress Association.

The Progress Association were also able to work with us to facilitate a Covid-19 safe visit from Santa in December. Thanks also to the Combined Churches of Clifton who visited to carol in the street outside Nirvana Hostel, Clifton Nursing Home and Clifton Co-Op Private Hospital.

The CCHS team also facilitated two onsite, Covid-19 safe, Christmas Parties and whilst the feeling was a little different due to us not

being able to involve all our wonderful families this year, the parties were enjoyed by all, and Covid Safe Santa was also able to attend these two events.

In mid February we are on track to formally open our Special Care Isolation room, this facility is part of our Pandemic response and has been made possible by some very generous people, it will be a very unique resource for a small rural country town such as ours. More details over the coming month.

2020 really hampered our fundraising and has left a big hole in the budget. The CCHS Business Development Committee are proud to announce a major 2021 Fundraiser, Feast in the Fields. Please keep Saturday 13th March 2021 as a Date Claimer with more information to following and tickets going on sale later in January.

Communication is the key and things continue to change rapidly. Please contact us to discuss your individual circumstances and as we always do, we will work with you and your loved ones to see what can be achieved.

The ongoing funding landscape remains difficult; however, we remain hopeful that the Federal Government will introduce more permanent increased funding arrangements to ensure the long-term sustainability of Aged Care Services in Australia.

We look forward to the findings and recommendations of the Royal Commission when the report is handed down in February 2021.

2021 will also see us seeking reaccreditation for Clifton Co-Op Hospital, Nirvana Hostel, Clifton Medical Practice and Clifton Nursing Home from the various Accreditation organisations.

Be Kind to each other and Together we will continue to make a difference.

Regards Brad

Lifestyle Coordinator— Jade Gilchrist



Lifestyle & Volunteer
Coordinator—Jade Gilchrist

Hi everyone,
I am having a few weeks away from work to sort out some health related matters and have left the program in the capable hands of Marianne and Casey.

Thank you to everyone who contributed to the success of the Christmas Parties. Resident feedback has been very positive, and we hope that 2021 will again allow us to invite and involve families in these wonderful events.

The Gastro Outbreak then spoiled some of the planned visits from families over Christmas.

With that in mind, depending on the situation

with the Covid-19 Pandemic, we will consider some sort of large Christmas in July Celebration.

The decorations across the complex looked great and thank you to everyone from the entire team who took time from their busy shifts to put them up, wrap doors, string lights, assemble trees and construct new decoration creations.

This year we hope to welcome even more volunteers. If you, or someone you know has made a New Years Resolution to volunteer to assist your community then please pick up that phone and contact us today.

Kind Regards,

Jade

January Birthdays

Audrey
Ruth
David
Myra,
Monya
Grace



Thinking about becoming a
volunteer
Call Jade 4697 3499

Lifestyle Award WINNER

The winner of the Lifestyle Award
for January is Kathy Bermingham



Kathy's optimistic approach and efforts to positively impact the quality of life for our residents is very much appreciated. Thanks Kathy!

Rest in Peace



Eric
Dorothea
Joan

January 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Happy New Year						
4 Crosswords 	5	6 Lynelle Play 	7 Jade Plays 	8 BINGO! 	9	10
11 Catholic Church 	12	13 Travel 	14 Holz Play 	15 BINGO! 	16	17
18 Hymns Kath 	19	20 Trivia 	21 Grace Play 	22 BINGO! 	23	24
25 Anglican Church 	26 Australia Day Public Holiday	27 Meeting 	28 Ken Plays 	29 DDMens 	30	31
				1 New Years Day Public Holiday	2	3 10:30 Presbyterian Church

Subject to change without notice



Clifton Community Health Services

December 15, 2020 at 7:57 PM



Twigg.

December 15, 2020 at 9:37 AM

My daughter Jane has a very kind heart. So today I taught her about community and passing love on to those who might have family far away. This morning we went a delivered 15 little Christmas vases for the residents of Clifton Community Health Services.

Jane walked out so happy and already planning her next visit.



Clifton Community Health Services

December 16, 2020 at 10:52 AM



There is a rumour that Santa will be visiting the residents of Nirvana Hostel at approx 10.30am on Saturday as part of these festivities.



The Clifton and District Progress Association are delighted to welcome you to the Clifton 'Information Station' in Clark Street, to enjoy some Christmas spirit and Festive cheer.

We'll also be announcing the Christmas Lights competition winners at approximately 1pm

FOR FURTHER INFORMATION T 0418 790 083 A COVID SAFE EVENT



Clifton Community Health Services

December 15, 2020 at 3:42 PM



Clifton Alliance Pharmacy

December 15, 2020 at 3:27 PM

We have a winner! Our jelly bean competition has closed, and the winning number of black jellybeans was 75! A big thank you to everyone who entered. We were able to raise \$110 towards our community heroes-Meals on Wheels, Lions Club and Scouts. We know these jelly beans have gone to a good home.....

443 People Reached

161 Engagements

Boost Unavailable

You and 35 others

5 Comments



Clifton Community Health Services

December 15, 2020 at 11:41 AM



With a lot of work and planning by the dedicated CCHS team with our volunteers and supporters, we have managed two Covid-19 safe, resident/patient Christmas parties over two days. Whilst the protections in place and room capacity rules meant we were unable to have all our wonderful families attend this year, the messages sent in that were collated by Jade were fantastic. Some photos from the second party attached. Great work everyone and THANK YOU



+29



feast IN THE
FIELD
2021



Fabulous Food + Entertainment
TICKETS ON SALE MID JANUARY



feast IN THE
FIELD
2021

