



**CLIFTON COMMUNITY
HEALTH SERVICES**

Newsletter

August 2021



**Chairman
Andrew Douglas**

Hello Everyone

I hope this finds you all well and warm, as we embark on what is often the coldest month of the year, considering those bitter south westerly winds!

Speaking of cold, it was great to see that our residents and their families enjoyed their Christmas in July festivities last week.

With families unable to attend the facility over the Christmas period last year due to our lockdown, it was great that they were able to share the fun with their loved ones this time.

On a different note, and as many of you would be aware, the Board and Management Team have recently had to make the tough decision to introduce a nominal patient contribution for services delivered by our Doctors in the Medical Centre.

This will mean that, from 1 September 2021, some patients will be required to pay a small fee when they have a consultation with their GP. Pension Concession Card holders and Children 16 years and younger, will continue to be fully bulk billed.

Being a community-based, not-for-profit organisation that receives limited government

funding, these changes are necessary for us to continue providing high quality health care to members of our local community.

The cost of providing high quality health care services in a regional location has been increasing for several years and is expected to continue to rise. Faced with the same financial realities, the vast majority of medical practices have, for a number of years already, been charging for consultations - some in excess of \$75 per visit, for shorter consultations than we offer. However, we have endeavoured to keep our fee increase to an absolute minimum.

In so doing, we thank our patients and community in anticipation of their understanding and trust they will support this change to protect the ongoing viability of our local medical services.

To matters managerial, with Brad (General Manager) currently being on a hard-earned break for a few weeks, Louise (Finance Manager) is relieving in the 'top job' until he returns. Through this time, please feel free to contact Louise with any queries you might ordinarily direct to Brad. Similarly, Heather (Director of Nursing) is also on a well-earned break for a couple of weeks, with Judy O'Leary kindly relieving in her role in her absence. Thank you to both Louise and Judy for taking on higher duties through this period.

Finally, due to the impending retirement of a number of long-serving Directors, the Board is currently calling for expressions of interest from suitably qualified and experienced professionals to join the board as Non-Executive Directors. For more details, a link to the advertisement can be found on our website or Facebook site. Local candidates with the requisite skills and experience are encouraged to apply.

Thanks for your ongoing interest and support and, until next time, stay safe.

Regards,

Andrew.

Inside this issue:

Chairman Report	1
General Manager	2
Lifestyle Coordinator	3
Lifestyle Calendar	4
Medical Practice	5
Facebook—Christmas in July	6
Vet Clinic	7

General Manager-Brad Jones



A Big Thank you this month to everyone who worked together to make our Christmas in July events so successful. The idea was to have a resident and family focused event whilst Covid-19 allowed and it

was very rewarding to see the enjoyment on the faces of all the attendees.

Another Big Thank you this month to all of our dedicated team, as we celebrate Aged Care Employees day. The last 18 months have been particularly difficult and the challenges continue every day. I would like to express how proud I am of all of our CCHS team, across all areas, who every day have gone above and beyond to ensure the safety, health and welfare of all residents, patients and the wider Clifton Community.

The Check in QLD app is mandatory to enter our premises, please keep using it. For those without smart phones or those without coverage from a certain telecommunications provider, we will have devices available to help you check in. Due to other onsite regulations I will also ask you to continue to use our sign-in books (in addition to the app) across the Hospital and Residential Aged Care.

Covid-19 vaccination is highly encouraged, please seek your own personal medical advice and do not delay. What is happening in other states and particularly in metropolitan NSW is very concerning.

With Nirvana Hostel we have continued to work on continuous improvements, remember that we would love you to be a major part of developing your ongoing care plan, please get involved today by talking to one of the team.

I wish to again remind everyone across the complex that you are active participants in your health and care journey, the best outcomes are achieved when you actively

work with us in partnership and there is an open invitation to participate in care planning,

After many years of fully bulk billing within the Medical Centre we have made the difficult decision to introduce some modest fees for some patients. This step has not been taken lightly and is a vital part in ensuring continuity and sustainability of medical services to Clifton. Further information later in this newsletter. Please contact us with any questions or concerns and we look forward to your support as we introduce these measures effective 1st September 2021.

Covid-19 screening and entry protocols remain in place. Please also keep up to date with restrictions across the state and the country, some of these mean that you cannot visit us at certain times and some of them mean that you can visit but with extra precautions such as masks in place.

Together we can continue to make a difference.

Regards,

Brad.



COVID-19
VACCINATION

Lifestyle Coordinator— Jade Gilchrist



Hi Folks,

CCHS would like to acknowledge all those who contributed time, effort, lending of Christmas trees, decorations and or lights.

Lifestyle & Volunteer Coordinator—Jade Gilchrist

Eleanore McGovern, Joan Ranger, Christine Fiechtner, Joyce Bond, Jessica Galvin, Sue Purs ,Louise Kennedy, Kathy Bermingham, Louise Shaw, Brad Jones, Maureen Kneipp, E & A

Vanderburg ,Mrs Bobbie Joppich, O'Shanley's Irish Hotel & Restaurant, Katrina Flint, Teshoma Dimitrios, Jason and Julia Hamilton-Smith, Shannon Priebbenow, Maree Parigi, Malcolm and Eileen Butler, Terry Bailey, Neil Wilson and Sandra Kuhn. In addition we would also like to thank all of the wonderful nurses, ESP team and the Clifton Jam Factory.

Ashley Butler – This young man contributed an enormous number of lights to this event which meant that CCHS only had to purchase enough to fill the gaps. We are extremely appreciative of him and his assistance.

The band Tillberry Green provided a mix of Christmas, blues, light hearted and cherry music for the Christmas in July event. Their members are: Terry Gilchrist, Jade Gilchrist and Bill Murdock.

We would like to also thank them for their entertainment on this day.

And a big thankyou to the families that were able to make it as it made the day what it was intended for.

Thankyou to everyone for their efforts and time. Lending a family decorations such as a Christmas tree was immensely helpful in creating a fantastic wintery forest set up for the residents and their families.

Please ring Marianne on 0410094696 if any queries about the return of your tree but we will be in contact as soon as we are able to make arrangements for their return.

Sincerest regards,

The DT Team.

August Birthdays

Ron, Lenore,
Gabe, Dudley,
Darrell, Elma,
Marjorie, Betty



Thinking about becoming a
volunteer ?
Call Jade 4697 3499

Lifestyle Award WINNER

The winner of the Lifestyle Award
for August is Kathy Bermingham

For always going above and beyond



Rest in Peace





AUGUST

Morning Activities 10:30am-11:30am
 Afternoon Activities 1:00pm-2:15pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 9:40 Tai Chi 10am Morning Tea 10:30am Crosswords 1pm DT Planning Meeting</p>	<p>3 10am Morning Tea 10:30am Hoy 1pm Activities in Nirvana 2pm Tai Chi in Sunflower</p>	<p>4 10am Morning Tea 10:30am Lynelle plays 1pm Pool in DT room</p>	<p>5 10am Morning Tea 10:30am Judith Plays 1pm Activities in Nursing H 2pm Tai Chi in Sunflower</p>	<p>6 9:40am Tai Chi 10am Social Morning Tea 10:30am Trivia 1pm DT Documentation</p>
<p>9 9:40 Tai Chi 10am Morning Tea 10:30am Hymns with Kath 1pm Room visits</p>	<p>10 10am Morning Tea 10:30am Hoy 1pm Activities in Nursing H 2pm Tai Chi in Sunflower</p>	<p>11 10am Morning Tea 10:30am Bingo 1pm Pool in DT room</p>	<p>12 10am Morning Tea 10:30am Holz Plays 1pm Activities in Nirvana 2pm Tai Chi in Sunflower</p>	<p>13 9:40am Tai Chi 10am Social Morning Tea 10:30am Armchair travel 1pm DT Documentation</p>
<p>16 9:40 Tai Chi 10am Morning Tea 10:30am Word bingo 1pm DT Planning Meeting</p>	<p>17 10am Morning Tea 10:30am Hoy 1pm Activities in Nirvana 2pm Tai Chi in Sunflower</p>	<p>18 10am Morning Tea Senior's week 10:30am Bingo 1pm Pool in DT room</p>	<p>19 10am Morning Tea 10:30am Grace plays 1pm Activities in Nursing H 2pm Tai Chi in Sunflower</p>	<p>20 9:40am Tai Chi 10am Social Morning Tea 10:30am Trivia 1pm DT Documentation</p>
<p>23 9:40 Tai Chi 10am Morning Tea 10:30am Indoor bowls 1pm Room visits</p>	<p>24 10am Morning Tea 10:30am Hoy 1pm Activities in Nursing H 2pm Tai Chi in Sunflower</p>	<p>25 10am Morning Tea Resident meeting 10:30am Bingo 1pm Pool in DT room</p>	<p>26 10am Morning Tea 10:30am Ken Plays 1pm Activities in Nirvana 2pm Tai Chi in Sunflower</p>	<p>27 9:40am Tai Chi 10am Social Morning Tea 10:30am Movie 1pm DT Documentation</p>
<p>30 9:40 Tai Chi 10am Morning Tea 10:30am Word bingo 1pm Room visits</p>	<p>31 10am Morning Tea 10:30am Hoy 1pm DT planning Meeting 2pm Tai Chi in Sunflower</p>		<p>7th Ron 7th Lenore 7th Gabe 15th Dudley</p>	<p>18th Darrell 18th Elma 27th Marjorie 31st Betty</p>

Dear valued patient,

Our fees are changing

From **1 September 2021**, we will introduce a contribution payment for **some** patients at each visit.

This will help us retain experienced medical staff and allow us to continue to provide our local medical services amidst rising costs.

We have kept the contribution payment to the absolute minimum.

Pensioner Concession Card Holders

People 70 years and over

Children 16 years and under

No change. Fully bulk billed services remain.

Health Care Card Holders

\$10.90 (standard visit) \$14.25 (long visit)

All other patients

\$20.90 (standard visit) \$24.25 (long visit)

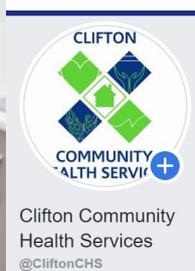
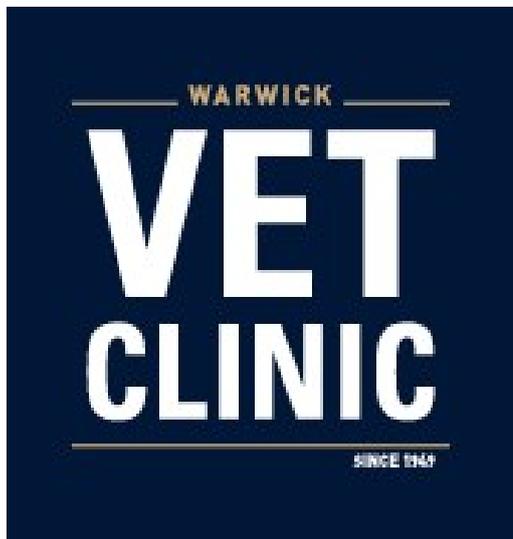
Thank you for your continued support of local health care





Christmas in July





Clifton Vet Clinic

The Clifton Veterinary Clinic has serviced our community for nearly 15 years and has built a reputation on experience, quality service and community involvement.

Located next to the Clifton Courier, the Clifton Veterinary Clinic treats both large and small animals and now offers a **home care service** for your family pet.

From Spring Creek to Wyreema our vets are available to treat your pet or livestock in clinic, on farm or at home with our 'Pet Taxi' service.

With experienced staff giving professional friendly service and caring advice all year around; the Clifton Veterinary Clinic is the name this community trusts.

Check them out at warwickvet.com.au

